## Multicultural Women's Health Expo



## Come and join us for a Women's Health Expo and meet local service providers

- Range of health and wellbeing service providers
- Lots of activities, demonstrations and giveaways
- Free exercise and yoga class
- Light lunch provided

For further details contact Rachel/Sally on 9345 5335 or info@ishar.org.au

Ishar
Breast Screen WA
Bladder and Bowel Health
Mercy Care
Centre Care
Diabetes WA
Australian Hearing
Department of Human Services

WA Cervical Cancer Prevention
Injury Matter/Stay on your feet
Ethnic Disability Advocacy Centre
WA Cancer and Palliative Care
Hepatitis WA
Independent Living Centre
Donate Life WA
Metro Communicable Disease control

Friday,
14th September
10:00am to 2:00pm
Herb Graham

**Recreation Centre** 

38 Ashbury Cres. Mirrabooka

> My Health Record ASeTTS Blood pressure checks Pharmacy advice Healthily Lunch boxes Dental advice Healthy eating Hearing tests and more....













Donna Faragher, Member for East Metro Region